

**Thai Foot Massage (10 CPD points)
Accredited 2 Day Workshop**

**Teresa Rich
ITEC, MIGHT, IFL
Lecturer, Speaker, Practitioner**

Teresa Rich delivers ITEC Reflexology, and workshops for therapists based in Continual Professional Development in Advanced Foot Reflexology and Hand Reflexology. My workshops have taken me around the UK, Northern Ireland, and Glasgow. I have also delivered seminars in these subjects to audiences of 150 plus at Health and Beauty Exhibition, Donnington Park ,Excel Exhibition in Holistic Health in London and NEC Birmingham. I have written articles in hand reflexology for FHT and Capital Hair and Beauty.



What the workshop is about

Thai Foot Massage is a massage of the lower legs and feet, that is well established in Thailand. It has elements of shiatsu, reflexology, Chinese massage and yoga. It involves stretching, massage and the use of a stick to stimulate reflex points. It balances mind and body and stimulates internal organs.

By the end of the workshop

You will have the theoretical and practical knowledge to carry our safe and confident Thai Foot massage on fee-paying clients.

Testimonial:

“Teresa’s teaching methods took into account that we all learn in different ways. She encouraged all of us and trained us to a very high standard of work. Teresa gave me the confidence to practice and adapt the skills. Reflexology has become one of my most popular treatments!”

*Gillian, Dorchester, Complementary Practitioner
www.unicare.org.uk*

Course Venue	Bournemouth, and other locations Directions will be emailed out to you upon receipt of your enrolment	Venue contact details: 01202 295910 07855589892
Delegates	You will need to be qualified in the following areas - massage or reflexology, manicure and pedicure, or Indian Head Massage	You must have a professional massage or reflexology qualification to attend
Course Times	2days 10am – 4pm	Please arrive 15 minutes early for registration
Price	£120.00	
Maximum Student Numbers	Small Group	The delegates will also gain an accredited certificate stating that they have attended a "Thai Foot Massage workshop".
Refreshments will be provided throughout the day however <u>lunch is not provided</u>. Lunch can be purchased from the local shops or delegates are welcome to bring a packed lunch.		
Parking at the venue / other venue information	Parking available. Please contact to confirm disabled access if required.	
What to bring?	Please bring pen, writing pad, two medium size towels and a pillow. A Thai Foot Stick is required and can be purchased at the workshop for £6.00.	
What is provided?	A set of supporting notes for the workshop.	
Payment Details		
Once payment has been successfully received, confirmation from Footprints will be forwarded to you within 24/48 hours (Mon-Fri) of the booking. Payment will only be taken if your booking has been successful.		
Thanks		
Thank you for visiting this website. Please feel free to contact us, for just an informal chat or instructions on joining the workshops. We would be delighted to hear from you. Kind Regards Teresa Rich		
Terms and Conditions		
By purchasing a workshop place you are agreeing to the following:		
<p>Courses are refundable up to 14 days prior to the workshop date. However, an admin fee of £10.00 is charged upon each workshop cancelled. You may send a substitute delegate providing they meet the workshop criteria.</p> <p>We reserve the right to cancel the workshop date. In this case we will notify you 7 days prior to the workshop date, and advise you of an alternative date/venue or provide you with a full refund.</p> <p>In the event of a workshop cancellation with under 7 days notice, a new workshop date, or refund will be organised for you. However, in this instance Footprints are not liable for travel expenses, child care, potential loss of income or any potential associated costs.</p>		